

# COMMON MONEY BELIEFS & BLOCKS



A. Read these 12 most common money blocks and identify (check off) all that apply to you.

B. Then, rank them in order of importance of intensity

- |  |   |
|--|---|
| <input type="checkbox"/> Money is hard to get/You need to work hard to make money                        | <input type="checkbox"/> Money should be hoarded or saved in secret                                 |
| <input type="checkbox"/> Rich people are entitled, selfish and greedy                                    | <input type="checkbox"/> I just want to help people - Money doesn't matter                          |
| <input type="checkbox"/> Money is the root of all evil   | <input type="checkbox"/> My significant other handles the finances/It's too complicated             |
| <input type="checkbox"/> Money causes fights and disputes and destroys relationships                     | <input type="checkbox"/> I'm no good at handling money/ I'm bad at numbers/ I'm unlucky             |
| <input type="checkbox"/> Money doesn't grow on trees; money is scarce and limited, there is never enough | <input type="checkbox"/> It's better to give than to receive (sacrificial or martyrdom)             |
| <input type="checkbox"/> Some money is good, but billionaires are icky                                   | <input type="checkbox"/> I can't afford or deserve nice things (poverty or "third world" mentality) |
| <input type="checkbox"/> OTHER: _____  |   |

Money Blocks Ranked In Order Of Importance: (plus notes)

1

2

3